

Cadeirlan Bangor Cathedral

St John's Methodist Church



**Thursday 7 February 2019
from 12.30pm till 1.30pm
in Bangor Cathedral, LL57 1RL**

**“Joint Mindfulness Service:
Israel & Palestine”**

**led by Revd John Howard (recent Methodist
Mission Partner there; now Superintendent
of Bangor & Holyhead Methodist Circuit)**

**followed by John signing his book “Letters
from Bethlehem: 2 years in the West Bank”**

and lunch for all